



SELF SPOTTING CAPABILITIES



SAFETY LOCKING PISTOL GRIPS



TOP & BOTTOM BAND ATTACHMENTS



NUMBERED HOOK PLATES

- Dimensions:

- Total Rack: 76"L x 72"W x 96 3/4"H
- Inside: 70 1/2"Deep x 41 3/4"W

- Rack Construction:

- 9-gauge steel
- 3" x 3" uprights with externally fastened, laser cut hook plates
- 2" x 3" supporting cross members

- Features:

- Allows for safe training with self-spotting capability
- Band attachments are located on both the upper and lower sides of the rack for band assisted and resisted exercises
- Rear storage for spotter arms when not in use
- Uprights, bases, and support arms are sand blasted and then power coated for superior adhesion to prevent chipping
- J-cups & safety spot arms have full lexan wear strips for added protection
- Knurled, multi-grip bar pullup bar with 3 parallel grip options
- Safety locking pistol grips on J-hooks make for easy adjustments
- Chrome-plated hook plates and chrome-plated band attachments are included
- Chrome-plated weight storage system can accommodate both olympic plates and bumper plates
- 2 vertical bar storage sleeves
- Numbered hook plates

- Additional Options:

- Dip attachments available
- 8' connector with 4' pullup bar
- Extreme Core Trainer attachment available

- Warranty:

- 3 year warranty on parts
- 10 year warranty on frame

